



### **Tryout Criteria & Temporary Membership**

The South Simcoe Dufferin Track and Field Club is a competitive club, therefore we have the following tryout criteria, which must be met in order for your athlete to join our group. We like to encourage as many athletes as possible (space allowing) to join our club and it is our responsibility to ensure that all athletes are suited to the training required to be competitive.

1. Athletes must fill out a temporary membership form and pay the \$20.00 fee before the first tryout.
2. Athletes must attend 3 tryout practice sessions, in order to be assessed for participation in the club.
3. After the 3<sup>rd</sup> workout, the coach will inform the parent(s) of the athlete status based on the following criteria
  - Running ability
  - Ability to focus on the tasks at hand and complete workout
  - Coachability
  - Respect for coaches and other club members
4. Athletes, who cannot commit to attending regular practices and club meets, will not be considered for sign up.
5. Failure to attend or complete regular practice sessions will make the athlete ineligible to compete in club meets
6. If your athlete joins the club and fails to attend regular practices and meets, he/she will not be considered for sign up the following season

A fee of \$20.00 will cover the athlete's insurance and participation in training activities for a maximum of 3 consecutive practices or 7 days from the undersigned date at which time a full membership registration must be submitted and the temporary membership terminated. This temporary registration covers the above activities only.

In consideration of your acceptance of this registration, we, the undersigned, do waive and release any and all rights and claims for damages that may be incurred for any injury by the registrant in any club activity.

Athlete Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Date of Birth: Day: \_\_\_\_\_ Month \_\_\_\_\_ Year \_\_\_\_\_

Athlete's Email: \_\_\_\_\_

Parent's Email: \_\_\_\_\_

Athlete's Signature: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Parent(s) Signature: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_ Date: \_\_\_\_\_